

THE GOOD EGG

BEACH CAFE

brunch menu

8:30AM - 3PM

SORRY, NO SUBSTITUTIONS

THE BREKKIE* £12

Sausages, bacon, hashbrowns, fried eggs, grilled tomato, mushrooms, black pudding, beans & toast

THE VEGGIE BREKKIE* v £12

Vegan sausages, halloumi, hashbrowns, fried eggs, grilled tomato, mushrooms, beans & toast

THE VEGAN BREKKIE* vg £12

Vegan sausages, avocado, spinach, hashbrowns, grilled tomato, mushrooms, beans & toast

BREKKIE WRAP £11

Bacon, sausage, egg, hashbrown & cheddar

VEGAN BREKKIE WRAP vg £11

Vegan sausage, mushrooms, hashbrown, avocado, spinach & tomatoes

CHICKEN WRAP* £11

Chicken, avocado, bacon, salad & mayo

HALLOUMI WRAP* v £11

Halloumi, avocado, salad & mayo

FALAFEL WRAP* vg £11

Falafel, house tzatziki, avocado, salad & sweet chilli

AVO TOAST* v £11

Poached eggs, avocado, mixed seeds & chilli flakes on sourdough

+ Bacon £2.5 | + Halloumi £4

+ Smoked Salmon £4.5 | + Chorizo & Feta £4.5

THE DIRTY EGG £10.5

House roll, homemade sausage patty, bacon, hashbrown, egg & American cheese

TUNA MELT TOASTIE* £8.5

Tuna mayo, red onion & cheddar on toasted sourdough

BREAKFAST ROLLS* (ONE FILLING) £5.5

Choose from: bacon, sausage, vegan sausage, hashbrown, egg, black pudding, cheese, avocado, mushrooms, lettuce & tomato

+ Each additional filling £1.5

PANCAKES or WAFFLES v £11

Choose from:

- Fresh berries, greek yoghurt & maple syrup
- Banana & nutella
- Crispy bacon & maple syrup

ACAI BOWL* v £9.5

Acai & banana base, homemade granola, fresh fruits, coconut flakes & goji berries

GRANOLA BOWL* v £9

Greek yoghurt, fresh fruits, homemade granola & honey

SCOTTISH BOWL £12

Square sausage, haggis, avocado, poached eggs, crumbled black pudding, tomatoes, potato scone & chilli oil

NOURISH BOWL v/vg £12

Bulgar wheat, spinach, avocado, edamame beans, grated carrot, beetroot hummus, black sesame seeds & house tahini dressing OR spicy miso dressing

+ Falafel £2.5 | + Halloumi £4

+ Chicken £4 | + Smoked Salmon £4.5

SIDES

TOAST £3.5

Jersey butter & preserves

CHIPS £4

BOWL OF HASHBROWNS (4) £4.5

BOWL OF FRESH FRUIT £5.5

LITTLE EGGS ALL £7.5

(12 YEARS & UNDER)

LITTLE BREKKIE*

Bacon, sausage, egg, hashbrown, beans & toast

VEGGIE LITTLE BREKKIE* v

Vegan sausage, egg, hashbrown, beans & toast

PANCAKES or WAFFLES v

Choose from:

- Strawberries & whipped cream
- Banana & nutella

CHEESE TOASTIE & CHIPS*

SAUSAGES & CHIPS

Please place your order at the till with your table number. In a hurry? Our whole menu is available as takeaway!

Prices include 5% GST. GST reg 0117541. Service charge not included.

v - VEGETARIAN | **vg** - VEGAN | ON REQUEST DISHES MARKED WITH * CAN BE MADE WITH INGREDIENTS NOT CONTAINING GLUTEN

We handle all allergens in our small kitchen, please talk to us when ordering regarding any allergies. A detailed allergen card is available on request. All our eggs are local free range from Happy Hens.

@thegoodeggjersey ☎ 01534 765 938